

Women

DAY 1

Men

16:40

Hammer Throw

100 Metres Extra

17:00

17:10

100 Metres Extra

OPENING

17:30

CEREMONY

400 Metres Hurdles

17:50

Pole Vault

17:50

18:00

400 Metres Hurdles

18:00

Triple Jump

100 Metres

18:10

18:20

100 Metres

Discus Throw

18:20

18:20

High Jump

800 Metres

18:30

18:40

1500 Metres

3000 Metres

18:50

400 Metres

19:05

19:15

400 Metres

19:15

Shot Put

Long Jump

19:20

19:25

5000 Metres

Javelin Throw

19:40

3000 Metres Steeplechase

19:50

4x100 Metres Relay

20:10

20:20

4x100 Metres Relay

Women

DAY 2

Men

16:20

Discus Throw

17:00

Pole Vault

Triple Jump

17:30

17:35

110 Metres Hurdles

100 Metres Hurdles

17:45

Hammer Throw

17:50

17:55

800 Metres

1500 Metres

18:05

Shot Put

18:10

High Jump

18:10

200 Metres

18:15

18:25

200 Metres

18:35

3000 Metres Steeplechase

18:50

Long Jump

5000 Metres

18:55

19:10

Javelin Throw

19:20

3000 Metres

4x400 Metres Relay

19:45

19:55

4x400 Metres Relay

VICTORY

20:10

CEREMONY